



What is the Parent Navigator Project?

A peer-based, “train the trainer” project that equips refugee mothers with the knowledge, skill, and confidence to navigate Western parenting norms and expectations by:

1. **Identifying** trusted refugee mothers to be Parent Navigators
2. **Developing** culturally relevant curriculum and training with early childhood development experts
3. **Training** navigators on topics such as child development and attachment
4. **Teaching** other refugee mothers in trusted "learning circles"
5. **Supporting** families with wrap around services as they learn to apply

Knowledge

The project strengthens vulnerable families, mobilizes community support systems, and increases refugee integration and confidence in U.S. parenting norms.



100 Mothers Reached through Learning Circles

100 mothers from eight different ethnic groups from Burma were engaged in learning circles organized by Parent Navigators. Learning circle participants learned about topics such as child development and attachment, discipline techniques, and developing household rules.

Everyone went home with a handout in their native language on effective discipline and several books for their children to enjoy. Mothers were engaged, motivated, and interested in more learning circles!



Marshalltown Hosts Community Training on Parent-Teacher Conferences



More than 30 parents from five ethnic communities from Burma in Marshalltown (Chin, Hakha, Zomi, Karen, Karenni, and Mon) gathered to learn about American parent-teacher conferences, parental rights and responsibilities, and the importance of being engaged in their child's education.

Navigator Highlight - Jenny Muang Nai Garvey

Jenny is part of the Falam group from Chin State, Burma, and the oldest of six brothers and sisters. She came to the U.S. five years ago. She and her husband, Bob Garvey, are the proud new parents of Jacob, who will join their son, Howard, as part of the Garvey family.

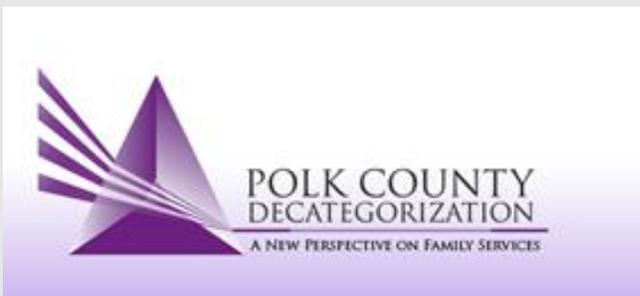
As Lead Parent Navigator of our pilot project, Jenny coordinated trainings, reviewed curriculum, conducted outreach, arranged transportation and childcare, and helped families access services.

She was so committed to the project

that she was still organizing "learning circles" almost up to her due date. Jenny is passionate about encouraging children and reading to them regularly. Best of luck to Jenny as she ventures into the world of being a mother to two!



Many thanks to our partners who are committed to strengthening vulnerable families:



VOLUNTEER.

MISSION.

GIVE.

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