

## Questions & Answers:

### Do you have specific age requirements?

- Currently we are accepting referrals for infants and children 0-5 years of age and are expecting to expand over time.

### What type of information do I need to make a referral?

- Demographic information of children and parents/caretakers.

### What do you expect from parents/caretakers?

- Active participation and honest communication.
- Willingness to ask questions and provide information.

### How long are these appointments?

- This will depend on the age and number of children.
- We will give each family our full, thorough attention and appointment times will last accordingly.

### Who pays for this program?

- We will obtain your private insurance information and submit for billing purposes.
- If you have specific financial questions or concerns, we are happy to speak with you directly and offer options.

### How do you communicate the findings to the Primary Care Provider (PCP)?

- A release must be signed by a legal guardian and information will be shared securely through an electronic medical record or fax.

We would be happy to address any further questions or concerns. Feel free to contact us at **(319) 226-2345** and ask for the Family Navigator.



**Family Resiliency Program**  
**Allen Child Protection Center**  
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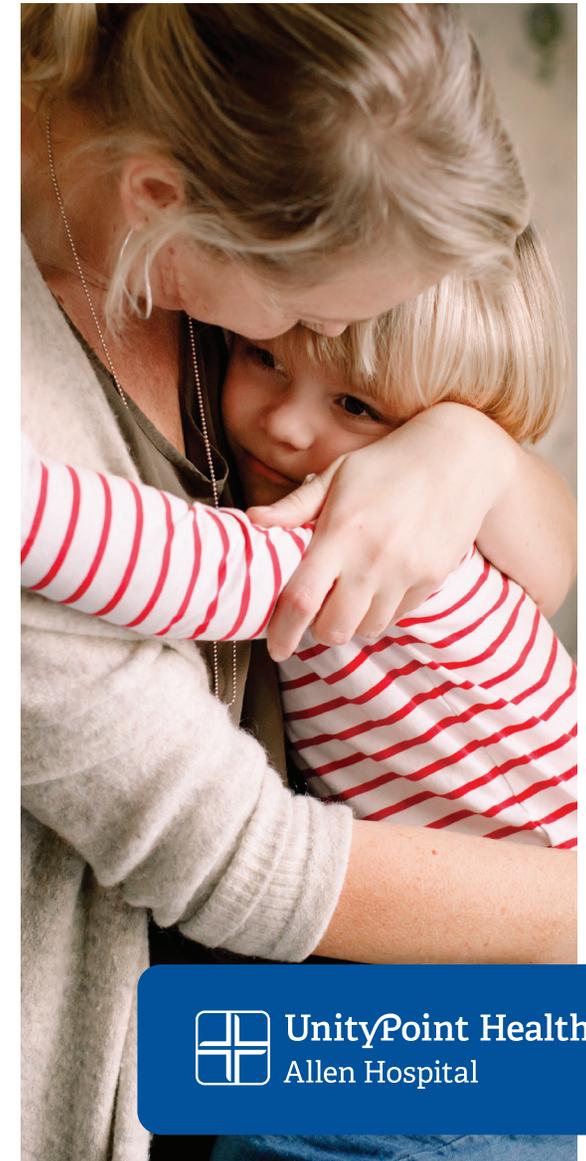
**UnityPoint Health**  
**Allen Hospital**

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# Family Resiliency Program



**UnityPoint Health**  
**Allen Hospital**



## Who are we?

The Family Resiliency Program is dedicated to protecting Iowa's children through transdisciplinary collaboration of services. This clinic provides services for infants and children (0 to 5 years) who have been exposed to drugs prenatally or environmentally through a parent/caregiver's substance use or manufacturing. It is our goal to help each child and family heal and reach their maximum potential. We emphasize early identification and intervention for children exposed to substances so they can live a healthier life.

## What to expect?

- Age appropriate assessments and screenings.
- Education about the possible physical and developmental impacts on your child.
- Strategies and skills to help your child develop to their maximum potential.
- Referrals for you and your child in various areas of need.
- Treatment plan developed by a transdisciplinary team.
- Follow-up services with the Family Navigator and/or community-based service providers.

## How to make an appointment?

Referrals to the Family Resiliency Program can be made by a variety of sources:

- Medical providers, including primary care physicians
- Department of Human Services (DHS) caseworker
- Family Treatment Court
- Parents (biological, foster or adoptive)
- Other caregivers
- And many more

To make an appointment, refer a patient or if you have questions, please call the Allen Child Protection Center at (319) 226-2345 and ask for the Family Navigator.

**“There is a grace to childhood, a dance of reciprocal interactions that occurs between a child and his loving and supportive world.”**

**Dr. Ira Chasnoff**

