

# STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

## FACILITATOR TRAINING

*Make a difference in your community —  
become a certified facilitator!*



The goal of Strengthening Families Program: For Parents and Youth 10-14 is to **prevent substance abuse in youth** by **building their skills** and **giving parents more tools** to help their children become responsible young adults.

Groups of three trained facilitators are needed to conduct the program. One facilitator teaches the parent group, two facilitators teach the youth group, and all three facilitators work with families during the family session.

Facilitators should have

- strong presentation and facilitation skills
- experience working with parents and youth

## Upcoming Training Session

### Spring 2024 3-Day Facilitator Training in Ames, Iowa

If interested, please contact Shannon Hoffman at [hoffmans@iastate.edu](mailto:hoffmans@iastate.edu)  
for dates and additional information.

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