

THE science OF parenting



ONLINE PARENTING WORKSHOPS

Understanding Research and Reality*

November 3rd | 8:00pm

Register: <https://go.iastate.edu/BAFRNS>

Discover how research can guide your parenting approach while addressing real-life challenges. Learn practical techniques to navigate parenting realities.

Understanding Temperament*

November 10th | 8:00pm

Register: <https://go.iastate.edu/29KJLG>

Every child is unique! Explore temperament traits and understand how they shape your child's emotions and behaviors.

Children's Ages and Parenting Stages*

November 17th | 8:00pm

Register: <https://go.iastate.edu/IUVBIO>

Kids grow, and so do parents! Learn how to adapt your parenting style to fit your child's age and developmental stage.

Positive Discipline*

November 24th | 8:00pm

Register: <https://go.iastate.edu/KNFT7F>

Turn guidance and discipline into an opportunity to strengthen your relationship with your child. Learn the key differences between discipline and punishment.

**Workshops are funded by
Health and Human Sciences
Extension and Outreach for
ALL PARTICIPANTS!**

REGISTER NOW!



<https://go.iastate.edu/FAMTL2>

Questions?

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*** approved for foster parent credit**