

TEACHING TUESDAYS

Presented by

IOWA MEDIATION SERVICE

Free, one-hour virtual training sessions, the third Tuesday of each month from 11:30 AM – 12:30 PM CST.

The Purpose

- Empower our community with new skills
- Foster continuous learning
- Build confidence in communication skills
- Explore conflict through multiple lenses
- Gain tools to navigate daily challenges

Possible Topics

- Working with High Conflict Personalities
- De-Escalating Challenging Situations
- Responding to Crisis in a Neutral Way
- Stress and Burnout
- Navigating High Stakes Meetings

Learn More

Scan the QR Code
or visit: iowamediationservice.com
Call us at: 515-331-8081

