



POLK COUNTY DECATEGORIZATION

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IOWA DEPARTMENT OF HUMAN SERVICES
POLK COUNTY – RIVER PLACE OFFICE
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DEPT: POLK COUNTY DECATEGORIZATION

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Providers Advisory Minutes Wednesday, November 15, 2017 8:30 – 10:00 a.m.

Polk County-River Place Office- Conference Room 2

Attending: Teresa Burke, Jackson Meister, Ellen Overton, Brooke Johnson, Tamra Jurgemeyer, Cindy Farnsworth, Julie Rai, Tom Aldrich, Malcolm Blough, Lindsay Owens, Alejandra Alvarado, Robert Bibens, JoAnn Jurovich, Jordan Tarin, Katrina Hart, Denise Stadter, Emma Parker, Randy Jansen, Joyce Bruce, Megan Hoxhalli, Pam Gumm, Sara Blumer, Julie Cackler, Kelly Looney, Lisa Clement, Judy Norris, Max Dayton, Cara Rypka, Deb Kesling, Katie Kamienski, Andrew Anderson, Dr. Amy Shriver, Mary Pat McMahon, Sue Renfrow, Jordan Kauffman

Teresa Burke called the meeting to order at 8:36.

The meeting started with introductions.

Presentation: Dr. Amy Shriver Pediatrician at Blank Children's Hospital and Consultant for Iowa ACEs 360 – Experiences at the Foster Care Clinic and how to infuse Trauma Informed Care into Practice

The foundation of a successful society is built in Early Childhood. Dr. Amy Shriver presented how the basic architecture of the brain is constructed through an ongoing process that begins before birth and continues into adulthood. She emphasized how a child's ecology or environment can change the architecture of the developing brain and the expressions of that child's genetic makeup.

Especially prolonged activation of toxic stress response systems can disrupt the development of brain architecture and other organ systems, and increase the risk for stress-related disease and cognitive impairment well into the adult years. Toxic stress disrupts the developing brain and has lifelong effects on learning, behavior and health. Toxic stress response can occur when a child experiences strong, frequent, and/or prolonged adversity (e.g., physical or emotional abuse, chronic neglect, caregiver substance abuse or mental illness, exposure to violence, and/or the accumulated burdens of family economic hardship) without adequate adult support. The ACE Study confirms, with scientific evidence, that adversity early in life increases physical, mental and behavioral problems later in life.

Trauma-Informed Care (TIC) starts with being aware – what, why, who and how. We need to be supportive to those traumatic children, not punishing them. Instead of asking 'What's wrong with you?' but 'What's happened to you?'. TIC emphasizes physical, psychological and emotional safety and love. It helps to empower kids, helps them feel connected and confident, and helps them self regulate their emotions better.

TIC helps child's families meet basic needs, helps parents with problem solving/relationships, and teaches parents about normal development of a child.

Slides for the presentation will be available on the Polk Decat Website.

Question & Answer

Discussion – What are other practical applications for infusing Trauma Informed Care and Resiliency Building into practice? What training topics would you find useful to assist you in this endeavor?

Upcoming speakers and topics:

- a. December 20th – No meeting, Holiday break
- b. January 17th – Kenya Randall, Mosaic Family Counseling, Mental Health and other services
- c. Future meetings: Special session – Mike McInroy & Darin Thompson on current happenings with DHS, Corinne Lambert – Results Based Accountability in the workplace; Jason Allen – DMPS on the African American Males project – B2B; Dr. McCann – recent developments in childhood trauma & the new Foster Care Clinic at Blank
- d. Who else would you like to see?

Adjourn – Teresa Burke 10:01 am