

12 WEEKLY  
SESSIONS  
IN PERSON

DES MOINES, IA

# PROACTIVE

A MEN'S HEALTHY RELATIONSHIP GROUP

- ✓ Develop healthy, stable relationships
- ✓ Connect with other men experiencing same struggles
- ✓ Receive support and build community
- ✓ Participants will receive \$25 for each session attended

**NEXT GROUP STARTS  
MONDAY, JANUARY 29TH  
6:00-8:00PM**

**At Children and Families of Iowa  
1111 University Ave.  
Des Moines, Iowa**

**Questions?**

*ProACTIVEIowa@gmail.com  
(515) 650-3692*

**Interested in participating?**

*[tinyurl.com/ProACTIVEInfo](http://tinyurl.com/ProACTIVEInfo)*



*Snap a photo of the QR code  
above to access the website*

