

PARENTS
CAFE



FALL '23 KICK OFF

TUESDAY
SEPTEMBER 19
5:30 PM - 7:30 PM



PACE JUVENILE CENTER
620 8TH ST
DES MOINES, IA

MORE INFORMATION
515-608-2042
MDIAWARA@ORCHARDPLACE.ORG



WHAT IS PARENTS CAFE?

PARENT CAFÉ IS A CHANCE
TO HAVE A GREAT
EXPERIENCE WITH OTHERS
LISTENING AND
SHARING THE JOYS, THE
CHALLENGES, HOW
WE'VE BEEN STRETCHED
AND BOUNCED BACK
OF BEING A PARENT. WE
SHARE IN A SAFE,
CONFIDENTIAL, POSITIVE,
JUDGMENT FREE
SPACE. WHERE NO ADVICE
IS GIVEN, AND WHAT
IS SAID IN THE GROUP
STAYS IN THE GROUP.

