

Parenting Way Inc. Programs and Classes

Educating Parents through Trauma-Informed Classwork & Discussion

TO REGISTER: Call: 515-255-9490 Email: info@parentingway.org Online: www.parentingway.org

1. Parent Education Classes in POLK County – Cost is \$10/class or \$100/all 10 classes if paid at First class.

Cost can be adjusted according to ability to pay. NO ONE WILL BE TURNED AWAY FOR INABILITY TO PAY.

Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom

Tuesdays from 6-8 pm

Instructor: Ben Burke

Thursdays from 12:30-2:30 pm

Instructor: Wendy Ryan

2. Parent Education Classes in BOONE County – NO COST

Des Moines Area Community College Campus (DMACC) 1125 Hancock Dr. Boone IA 50036

Mondays from 6-8 pm

Instructor: Ben Burke

3. Parenting Way Family Support Groups - NO COST

Grace Group- Adult, Youth & Children Groups

Grace United Methodist Church, Des Moines, IA 3700 Cottage Grove

Mondays from 6:00 to 7:30 pm

Group Conductor: Wendy Ryan

4. Parenting Way Children in Between (aka Children in the Middle) Classes in the Fifth & Second Judicial Court District – now serving at two locations.

I. Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom

Includes: Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion, Polk, Ringgold, Taylor, Union, Warren, Wayne

II. Children & Families of Iowa, Cornerstone Recovery, 501 SW Ankeny Blvd. Conference Room

Serves Parents who are divorcing and/or separated

Wednesdays from 5:00 to 9:00 pm (alternating locations)

Cost is \$50.00

Instructors: Corinne Grace & Ben Burke

5. Darkness 2 Light Child Sexual Abuse Prevention Training

Provided for Parents, School Staff, and Community Members. This is for Adults only.

Please call to schedule this 2-hour training. **Cost is \$25.00** to cover materials and workbooks.

No charge for Parents attending any other Parenting Way Programs

Certified D2L Trainer & Presenter: Ben Burke

6. Anger Management Classes

Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom

Provided for any Adult referred by service providers, court-ordered or self-referral.

Four Classes at 3 hours each. Must have a minimum of four students to hold Classes.

Cost is \$120.00

Certified Instructor: Ben Burke

7. School-Based Parent Education Programs – Trauma-based

A six-week parenting class focused on Parent Involvement at School and Home when trauma exists