



October 17, 2017

## Developing Strong Futures.

The Orchard Place - Child Guidance Center in downtown Des Moines has provided child and adolescent mental health services in Central Iowa for more than 75 years.

The Child Guidance Center is a federally accredited community mental health center for children and serves as a safety net service provider for children battling mental health disorders in Central Iowa.



[Learn More Here](#)

## What we LOVE:

Using Bibliotherapy in sessions is extremely helpful for our younger clients to understand the complex issues we are dealing with. Some of our favorite books that can be found at the library, your local bookstore, or on-line:

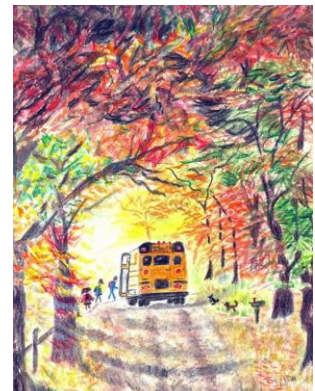
*Sometimes I'm a Bombaloo* (2005)-Rachel Vail  
*The Invisible String* (2000)-Patrice Karst  
*Cancer Hates Kisses* (2017)-Jessica Reid Sliwerski  
*Jacob's New Dress* (2014)- Sarah and Ian Hoffman



## Who is at Orchard Place, Child Guidance Center? School Based Therapist:

School-based mental health services are outpatient mental health/early intervention services delivered in schools to improve access to mental health services for children and families who would not otherwise have access. Some common barriers to accessing services include lack of reliable transportation, childcare issues, parent work schedule, and language and cultural issues. In these cases, a child might not receive services at all if they are not provided in the school.

Therapists can also provide on-site consultation and training for school staff in the field of children's mental health. They establish and maintain links between educators, mental health professionals, and human service resources, all of whom support the family and enhance the academic and functional development of children who face school failure due to mental health problems or diagnosed mental disorders. School-based mental health services expand the school's team of professionals who understand the range of children's developmental needs and are an important part of the school's support.



Orchard Place Child Guidance Center employs 45 master's level therapists throughout seven school districts, with therapists in Des Moines Public, Johnston, Carlisle, Norwalk, Saydel, Winterset, and two Des Moines

Catholic schools. Referrals can be made through school staff, parent, DHS, or other professionals involved with the child or family.

**Orchard Place, Child Guidance Center**  
515-244-2267

Children and families will be safe, secure, calm and well.

***Send us an email!***