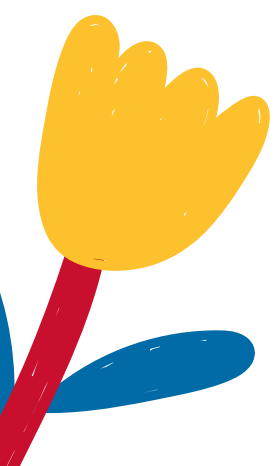
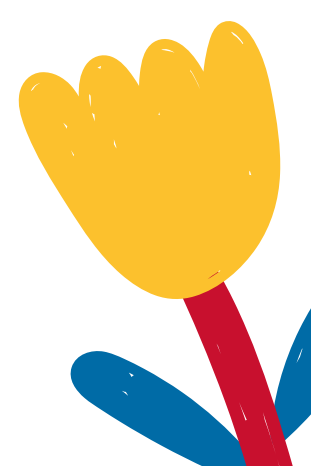




HEALTHY BABY SHOWER

WHY CELEBRATE WITH US

- 
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- ✓ You learn about pregnancy nutrition, your baby's development and community resources.
 - ✓ Connect with other expecting mothers in Polk County.
 - ✓ Participants receive a "Healthy Baby Backpack" filled with gifts for your baby valued at more than \$100.

May 14th @ 7:00 P.M. on Zoom

Register by May 12 by phone, text, email, or scanning the QR Code

**Contact Cassie at
odlandc@iastate.edu
OR
515-414-9865**



<https://go.iastate.edu/VUJOVJ>



**IOWA STATE
UNIVERSITY**
Extension and Outreach

Polk County



**Nutrition
4 Young
Children**