



children & families of iowa

WITH Domestic Violence Awareness 2025 SURVIVORS, ALWAYS

OCT
30

Webinar

12:00-1:00 PM

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The Stories We Carry: How Bias Shapes Our Response with Sufna John, Ph.D.

Every one of us carries invisible influences—shaped by our upbringing, personal experiences, and the messages we absorb from society. These unconscious biases can quietly affect the way we see others and, without realizing it, the way we respond to survivors of domestic violence. In this webinar, Dr. John will guide us in uncovering these hidden judgments and exploring how they show up in our daily interactions. We will reflect on the power of self-awareness and learn practical ways to recognize, manage, and move beyond bias—so that every survivor receives the compassion, equity, and support they deserve.



Sufna John, Ph.D., is a licensed psychologist and Associate Professor at the University of Arkansas for Medical Sciences in Little Rock, Arkansas. She specializes in infant and early childhood mental health, supporting families within the child welfare system, workforce development in infant and early childhood systems, and cross-system collaboration to support policy initiatives.

She supports the work of several organizations dedicated to improving the lives of young children who have experienced trauma by leading workgroups, providing training, and developing resources. She leads several statewide, cross-system collaborative efforts including serving as Co-Director of the Arkansas Building Effective Services for Trauma and Clinical Director of the Arkansas Trauma Resource Initiative for Schools programs. She is passionate about partnering with various child-serving systems (e.g., child advocacy centers, education, and child welfare) to promote equitable and trauma-informed practices for caregivers and young children.