



**LISHE IS A FREE, VIRTUAL LACTATION  
SUPPORT GROUP FOR FAMILIES  
WHO IDENTIFY AS PART OF THE  
BLACK/AFRICAN DIASPORA AND ARE  
CHOOSING TO PROVIDE HUMAN  
MILK TO THEIR YOUNG CHILD**

**MEETS VIRTUALLY  
1ST TUESDAY OF  
EACH MONTH  
\*JULY MEETS 2ND  
TUESDAY**

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