

# CARES

## Connection and Resource Exchange

**Wednesday July 16, 2025**

**9:30am- 10:30 am  
Conference  
Room 1**

### **Guest Speakers**

**Employee Family Resources**

**Abby Holt**

**Naloxone Training**

**&**

**Hayl Bergeland**

**Suicide Prevention**

**River Place  
2309 Euclid Avenue  
Des Moines**



**Light snacks & coffee provided**

