

# Cares

**Connection and Resource Exchange Meeting**

*Wednesday January 21, 2026*

**Julie Gibbons, Chief Planning Officer**

**Disability Access Point**

**Polk County Behavioral Health and Disability Services**

**Disability Access Point, or "DAP", which help people with disabilities, their families, and their caregivers find the services and support they need-both short-term and long-term. DAPs help by giving information, making plans, making referrals and checking in to make sure people are getting the right support to live healthy, independent lives.**

**9:30am -10:30am**

**Conference Room 3**

**Polk County River Place**

**2309 Euclid Avenue**

**Des Moines, Iowa**