

Work Readiness Workshops

Register for these events by:

- ❖ Contacting IowaWORKS in person, by phone, or by email.
- ❖ Signing into your iowaworks.gov account. Go to your Dashboard and click on “My Calendar” and select “All Events.” Select the event you would like to attend and click “Register.”

Maximize Your Potential Series

- **Maintain a Positive Attitude:** Explore methods to effectively handle the unique stress brought about by a job loss or career transition.
- **Develop a Career Plan/Research Industry Trends:** Build a career plan that increases your chance for job search success and uses the latest labor market research.
- **Create a Great Resume:** How to get the interview you want by preparing the resume that best sells you to prospective employers.
- **Conduct a Job Search:** How to effectively search and apply for in-demand occupations that fit your interests.
- **Interview 101:** Make your interview stand out by avoiding interview pitfalls and answering the tough questions correctly.

Mix and Match Employer On-Site Events

Looking for a chance to speak with a company one-on-one? Eager to discuss open positions with hiring employers? Get a leg up by connecting with employers at one of our weekly Hiring Events. Feel free to bring your current resume and apply on the spot.

Please visit our Facebook page at @IowaWorksDesMoines for a schedule of employers, posted each Friday.

Essential Tools for Job Seekers

Learn about the resources and services available to job seekers at your local IowaWORKS/American Job Center. Get an introduction to the Maximize Your Potential Workshop Series so you can decide your next step – assessments, job searching, resumes, interviewing and more.

Advanced Resume

For those that have completed “Create A Great Resume” workshop, this workshop provides examples on how to modify your skills summary, resume sections, and how to write prove it stories that match the qualities employers are looking for in job listings.

State of Iowa Job Applications Workshop

If you have ever considered applying for a position with the state of Iowa, take this workshop for tips on the hiring process.

Work Readiness Workshops

Navigating Ageism In Your Job Search

Tailored for job seekers over the age of 50 to minimize stereotypes and amplify the positive qualities of an experienced worker. (*Offered both virtually and in person.*)

Title I Adult & Dislocated Worker Information Sessions

Join this Information Session to see if you might be eligible for career planning, education/training and case management services through the Title I Adult and Dislocated Worker program.

Virtual Job Club

A different workshop each week on a variety of work-based topics designed for any job seeker.

Northstar Tech Lab*

Uncomfortable using technology? Join us for the Northstar Tech lab, where we will build your technology skills. Together we will learn about computers, using the internet, email and much more. Participants will be eligible to take the digital literacy assessments to obtain Northstar Basic Computer Skills Certificates.

**Este programa también está disponible en español.*

Bring Your A-Game

This two-part series will highlight the soft skills everyone needs to succeed in the workplace.

Completing Your Weekly Certification

Learn about the claim process to submit your weekly claim.

Registered Apprenticeship

Learn what is involved with a Registered Apprenticeship Program and how to sign up.

Mock Interview Workshop

Learn how a mock interview with Iowa *WORKS* can improve your job search outcomes.

EMERGE

The EMERGE Workshop has a wealth of information to assist those with a criminal background in navigating barriers to employment and is developed explicitly for justice-involved citizens. This workshop is conducted within a relaxed atmosphere to encourage interaction between the guests and facilitator.

Smart Planning for Your Money

A workshop presented by the Iowa Insurance Division on topics related to financial literacy.
