

Parent Connection

MONDAYS

December 1-22

1 to 2:30 p.m.

Calvary Chapel
606 E. 9th Street | Des Moines, IA 50309



Snacks, childcare and interpretation provided.

At each meeting, attendees will receive a \$10 gift card, plus another \$10 gift card for those using their own transportation. Attend all four weeks to receive a special gift!



This group is a supportive and welcoming space for parents and caregivers to connect, share experiences and learn together.

Through guided discussions, educational resources, and peer support, participants explore topics such as child development, positive discipline, stress management and building strong family relationships.

Who Should Attend?

Anyone who has a child/children aged 0-8 years old and lives in Polk County. Priority will be given to those who live in one of the following zip codes: 50009, 50265, 50266, 50312, 50313, 50314, 50316, 50317 or 50320.



Transportation & Childcare

Rides and childcare are **limited** and will fill up quickly. Please register as soon as possible to reserve your spot.

To Register

Scan the code or click the link below.

<https://forms.office.com/r/g9NE5c8Wg5>



Questions?

Call the Des Moines Healthy Start Project at **(515) 558-9971**.

EveryStep 
care & support services