

# HEALTHY BABY SHOWER

## WHY CELEBRATE WITH US

- ✓ You learn about pregnancy nutrition, your baby's development and community resources.
- ✓ Connect with other expecting mothers in Polk County.
- ✓ Participants receive a "Healthy Baby Backpack" filled with gifts for your baby valued at more than \$100.

**June 7 @ 7:00 P.M. ON ZOOM**

**Register by June 5 by phone, text or email. Contact Cassie at [odlandc@iastate.edu](mailto:odlandc@iastate.edu) or 515-414-9865**

**Participants must live in Polk County.**

**In partnership with:**

**IOWA STATE UNIVERSITY**  
Extension and Outreach



**Nutrition  
4 Young  
Children**

