




**RECOVERY
COMMUNITY
CENTER**
DES MOINES

JUNE

2023 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VIEW OUR CALENDAR ONLINE:</p> 			<p>1 12p Lunch + Learn: <i>Reentry Resources</i></p> <p>1-3p <i>Free STI Testing</i></p> <p>6p SMART Recovery</p>	<p>2 5:30p NEW! Godless Recovery</p> <p>6:30p Crochet Class</p> <p>7p Freedom Train AA</p> <p>7p Courage to Change Al-Anon</p>
<p>5 12:30p All Recovery Meeting</p> <p>1:30p RCC Meeting</p>	<p>6 12-1:30p NEW! Creative Club</p> <p>6p SMART Recovery</p> <p>6-7:30p Relax + Reset Yoga</p>	<p>7</p>	<p>8 12p Lunch + Learn: <i>Reducing Stigma</i></p> <p>6p SMART Recovery</p>	<p>9 5:30p Godless Recovery</p> <p>6:30p Crochet Class</p> <p>7p Freedom Train AA</p> <p>7p Courage to Change Al-Anon</p>
<p>12 11a Volunteer Orientation</p> <p>12:30p All Recovery Meeting</p> <p>1:30p RCC Meeting</p>	<p>13 12-1:30 Creative Club</p> <p>6p SMART Recovery</p> <p>6-7:30p Relax + Reset Yoga</p>	<p>14</p>	<p>15 12p Lunch + Learn: <i>Family Recovery</i></p> <p>6p SMART Recovery</p>	<p>16 5:30p Godless Recovery</p> <p>6:30p Crochet Class</p> <p>7p Freedom Train AA</p> <p>7p Courage to Change Al-Anon</p>
<p>19 CLOSED (Juneteenth)</p>	<p>20 11a Good Grief Group</p> <p>12-1:30 Creative Club</p> <p>6p SMART Recovery</p> <p>6-7:30p Relax + Reset Yoga</p>	<p>21 11am-1pm Rising Toward Community Event</p>	<p>22 12p Lunch + Learn: <i>Relationships in Recovery</i></p> <p>6p SMART Recovery</p>	<p>23 12p Book Club</p> <p>5:30p Godless Recovery</p> <p>6:30p Crochet Class</p> <p>7p Freedom Train AA</p> <p>7p Courage to Change Al-Anon</p>
<p>26 12:30p All Recovery Meeting</p> <p>1:30p RCC Meeting</p>	<p>27 12-1:30 Creative Club</p> <p>6p SMART Recovery</p> <p>6-7:30p Relax + Reset Yoga</p>	<p>28 1:30p Volunteer Orientation</p>	<p>29 12p Lunch + Learn: <i>Success in the Interview and Hiring Process</i></p> <p>6p SMART Recovery</p>	<p>30 5:30p Godless Recovery</p> <p>6:30p Crochet Class</p> <p>7p Freedom Train AA</p> <p>7p Courage to Change Al-Anon</p>
<p>WALK-IN HOURS:</p> <p>Monday: 8am-4pm</p> <p>Tuesday: 12pm-8pm</p> <p>Wednesday: 8am-4pm</p> <p>Thursday: 11am-7pm (new!)</p> <p>Friday: 12pm-8pm</p>		<p>*LUNCH + LEARN TOPICS:</p> <p>6/1: Reentry Resources (Randi, St. Vincent de Paul)</p> <p>6/8: Reducing Stigma (Elizabeth, EFR)</p> <p>6/15: Family Recovery (Shana, Mosaic Family Counseling)</p> <p>6/22: Relationships in Recovery (Wanda, Anawim Housing)</p> <p>6/29: Success in the Interview and Hiring Process (Project Iowa)</p>		