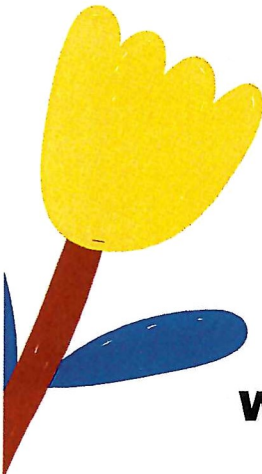
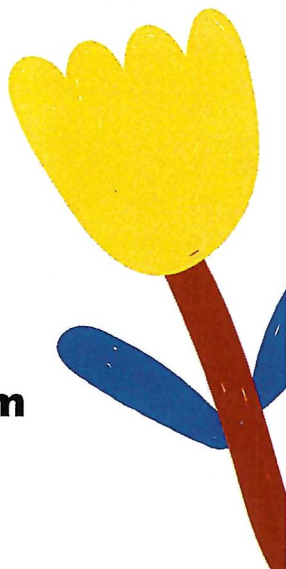




HEALTHY BABY SHOWER

WHY CELEBRATE WITH US

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- ✓ You learn about pregnancy nutrition, your baby's development and community resources.
 - ✓ Connect with other expecting mothers in Polk County.
 - ✓ Participants receive a "Healthy Baby Backpack" filled with gifts for your baby valued at more than \$100.

Wednesday, November 8 @ 7:00 P.M on Zoom

Register by November 6

Register by phone, text or email. Contact Cassie at odlandc@iastate.edu or 515-414-9865

Participants must live in Polk County.

IOWA STATE UNIVERSITY
Extension and Outreach



POLK COUNTY
DECATEGORIZATION

