

# DAY SERVICES PROGRAM

OUR MISSION: To improve the quality of life for all individuals by providing skills training and helping people find jobs.

THE GOODWILL OF CENTRAL IOWA DAY SERVICES PROGRAM IS A PLACE FOR ADULTS WITH DISABILITIES TO GET UP, GET OUT, MAKE FRIENDS AND VOLUNTEER

### **GET UP**

- Spend your days doing exciting activities
- Get out of the house and into the community

# **GET OUT**

- Go to exciting places like the zoo, science center and movie theater
- Get the chance to go shopping and out to eat

# **MAKE FRIENDS**

- Make lifelong connections
- Meet people you can relate to

## **VOLUNTEER**

- Show what you can do
- Do important work
- Volunteer with animals, at the YMCA, Clothing Closet, parks and more!







For more information, or to apply for programs, visit www.dmgoodwill.org.

#### **CONTACT:**

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YOU DONATE.
WE TRAIN.
JOBS EARNED.
LIVES CHANGED.