C.A.T. DIABETES PREVENTION PROGRAM

JOIN OUR LIFESTYLE CHANGE PROGRAM TODAY!

*Please Note: No Class Session September 22, 2025 Maintenance Break

Take The Risk Assessment Today At:

https://ChristApostolicTemple.org/dpp/

THIS WEEK'S SESSION
Get Support

DATE: MONDAY- SEPTEMBER 15, 2025

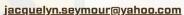
TIME: 6:30 PM

LOCATION: CHRIST APOSTOLIC TEMPLE-

FELLOWSHIP HALL 1230 EAST 17TH STREET DES MOINES, IA

DES MOINES, IA

To attend virtually, please provide your email address to





MONTHLY

BOX OF PRODUCE