

THE science OF parenting



ONLINE PARENTING WORKSHOPS

Understanding Research and Reality*

April 7th | 8:00pm

Register: <https://go.iastate.edu/8XT6JJ>

Discover how research can guide your parenting approach while addressing real-life challenges. Learn practical techniques to navigate parenting realities.

Understanding Temperament*

April 14th | 8:00pm

Register: <https://go.iastate.edu/I7TY2X>

Every child is unique! Explore temperament traits and understand how they shape your child's emotions and behaviors.

Children's Ages and Parenting Stages*

April 21st | 8:00pm

Register: <https://go.iastate.edu/ZCKCOK>

Kids grow, and so do parents! Learn how to adapt your parenting style to fit your child's age and developmental stage.

Positive Discipline*

April 28th | 8:00pm

Register: <https://go.iastate.edu/HV2BYB>

Turn guidance and discipline into an opportunity to strengthen your relationship with your child. Learn the key differences between discipline and punishment.

Courses are funded by Health and Human Sciences Extension and Outreach for ALL PARTICIPANTS!

REGISTER NOW!



<https://go.iastate.edu/FAMTL2>

Questions?

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* approved for foster parent credit