

**Women’s Circle-Creative Expressions Group**

**When: Thursdays 6:30 - 8:00 pm October 26th- November 16th 2017**

**Where: At Healing Art (7644 Hickman road, Windsor Heights, IA)**

Would you like to: Reconnect with your creativity? . . . Access your intuition? . . . .

Take a relaxing break from everyday stress? . . . Renew your spiritual connection? . .

Learn new way to become more at peace and in the moment? . . .

Expand through your inner wisdom? . . .

If you answered yes to any of these questions then contact Radmila, MA, LMHC, ATR-at:

[rabram@healingartcounseling.com](mailto:rabram@healingartcounseling.com) www.healingartcounseling.com or 515-276-5475, to

to find out more about this group and preregister.

Art materials will be provided.  $80 for four sessions, must preregister

**No previous artistic skills needed!**

**Art for Peace Group**

**When: Every first Monday of the month 6:30pm -8:00pm.**

**At Healing Art (7644 Hickman road, Windsor Heights, IA)**

Bring your own art materials.

Basic art materials will be also available for use. Free will donation

**No previous artistic skills needed!**

We will engage in the creative process as a way to support each other through images and words of compassion and encouragement.

***Both groups: Space is limited to seven participants! Preregistration is required.***