

This conference meets the requirements for CEU approval of 11 hours for social workers, mental health counselors and psychologists.

Foster Parent In-Service hours have been approved for 11 hours.

Legal CLEs and have been approved for up to 11 hours under activity number: 391413.

CEUs for IBC certified professionals have been approved for 11.5 hours

CEUs for Sexual Assault Advocates have been approved for 11 hours.

Nurses will be awarded contact hours from UnityPoint Health—Des Moines, Iowa Board of Nursing Provider #31. Full attendance is required per day. No partial credit will be given.

June 6, 2023: 5.5 hours

June 7, 2023: 5.5 hours

HOTEL INFORMATION:

Holiday Inn Airport
6111 Fleur Drive, Des Moines, Iowa 50321
515-287-2400

Room rate is \$109.00 per night until May 15, 2023, when you let the hotel know you are reserving for the Orchard Place Trauma Informed Care Conference.

Parking is available at no cost.

SPONSORED BY:

Orchard Place Trauma Informed Care Project
Catholic Charities
Grand View University
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Mid-Iowa Health Foundation
Prevent Child Abuse Iowa
Shine Light on Depression



13th Annual Psychological Trauma & Juvenile Justice: Impact on Mind, Body, Behavior and Community—Current Research and Practice Trends



June 6th & 7th, 2023
Holiday Inn Airport
6111 Fleur Drive, Des Moines, IA 50321

CONFERENCE DAY ONE

Tuesday June 6, 2023

7:30 to 8:15 Registration

8:15 to 8:30 Opening Remarks

**8:30 to 10:00 Rebecca Bailey, Ph.D.
Application of Polycagal Principals to
Complex Trauma**

10:00 to 10:30 Break

**10:30 to 12:00 Pastor Edward L. Palmer Sr.
and Rachel Bingham
Intentionally Approaching Racial,
Ethnic, Equity, and Disparity (REED)
Work within Juvenile Justice Systems**

12:00 to 1:00 Lunch: Provided

**1:00 to 2:15 Rebecca Bailey, Ph.D.
Winnie the Pooh and the Honey Jar:
Why Do People Get Stuck Personally
and Professionally?**

2:15 to 2:45 Break

**2:45 to 4:00 Pastor Edward L. Palmer Sr.
and Rachel Bingham
Implementing Components of
Kentucky's Juvenile Justice Reforms**

CONFERENCE DAY TWO

Wednesday June 7, 2023

7:30 to 8:15 Registration

8:15 to 8:30 Opening Remarks

**8:30 to 10:00 Jen Alexander, M.A., NCC,
SB-RPT
Building Trauma-Sensitive Schools:
What Works and Why?**

10:00 to 10:30 Break

**10:30 to 12:00 Ira J. Chasnoff, M.D.
The Neurobiology of Prenatal Trauma:
Implications for Early Childhood
Nerro behavior and Attachment**

12:00 to 1:00 Lunch: Provided

**1:00 to 2:15 Jen Alexander, M.A., NCC,
SB-RPT
Trauma Sensitive Discipline
Techniques: Shifting from Punishment
to Repair**

2:15 to 2:45 Break

**2:45 to 4:00 Ira J. Chasnoff, M.D.
Behavior Belongs in the Brain:
Prenatal Alcohol Exposure and Risk
for Juvenile Justice Involvement**

ABOUT THE PRESENTERS

(For additional information about speakers visit our website at www.traumainformedcareproject.org)

Rebecca Bailey, Ph.D. is a leading family psychologist and equestrian who has become a world-renowned professional teacher, speaker, author, and entrepreneur.

Dr. Bailey is the creator of the Polyvagal Equine Institute, an organization dedicated to equine-assisted psychotherapy and education with a focus on applying Dr. Stephen Porges' research on the autonomic nervous system to a variety of populations. She is also the co-creator of the Connection Focused Therapy® program and believes that understanding the interaction between the nervous system and our thoughts and actions is key to compassionately responding to and addressing the complexities of today's societal demands. Dr. Bailey has appeared on many network shows, including Anderson Cooper and ABC's 20/20.

A graduate of The Wright Institute in Berkley, CA, Dr. Bailey was raised in the Boston area but relocated to California 35 years ago. She now lives in Northern California with her loving husband and countless animals.

Pastor Edward L. Palmer Sr. is the visionary, senior pastor, and co-pastor with his wife Elizabeth (Angie) Palmer for The Sign of The Dove Church International located in Radcliff, Kentucky. He is a Certified Diversity Trainer and works to eliminate disproportionate minority contact within the child welfare and juvenile justice systems.

In 2017, Pastor Palmer was the recipient of the Martin Luther King Jr. Leadership Award presented by Kentucky Governor Matt Bevin as well as the Courage for Kids Award presented by Kentucky Youth Advocates. In May of 2019, he was awarded the Thurgood Marshall Social Justice Impact Award presented by the Alpha Phi Alpha Fraternity Inc.

Pastor is Chair of the State Inner-Agency Council's Diversity Standing Committee and Immediate Past Chair of the National Coalition for Juvenile Justice (CJJ). He is a certified Racial and Ethnic Disparities Capstone Project Fellow through the Center for Juvenile Justice Reform at Georgetown University. In the Spring 2021 *Juvenile Justice Update*, Pastor Palmer co-authored the article "Don't Hate the Player, Hate the Game: The Importance of Systemic Change to Address Racial and Ethnic Disparities."

Rachel Bingham oversees the following AOC (Administrative Office of the Courts) departments: Family and Juvenile Services, Pretrial Services and Specialty Courts. These three departments carry out statutorily required court functions in all 120 counties and collectively employ more than 560 court personnel. This also includes administering programs which provide technical assistance, training, and support services to judges, court personnel, attorneys, social workers, and community partners.

Ms. Bingham is a current member of the Kentucky State Interagency Council, Kentucky Racial and Ethnic Disparity Standing Committee, National Juvenile Justice Reform and State Courts' Initiative Steering Committee, National Council of Juvenile and Family Court Judges' Curriculum Development Committee, and the National Judicial Task Force to Examine State Courts' Response to Mental Illness. Some of Ms. Bingham's key achievements have been a presenter at 2018 Janet Reno Forum: Transforming Juvenile Justice Systems Conference at Georgetown University and the Future of Children Conference- Multisystem Approaches to Help Keep Children Out of the Justice System at Princeton University. In 2018, she became a Reducing Racial and Ethnic Disparities Certificate Program fellow through McCourt School of Public Policy at Georgetown University.

Jen Alexander, M.A., NCC, SB-RPT Most know Jen Alexander as Ms. Jen. She's an experienced trauma-informed educator, school counselor, expert on developmental trauma, global speaker, and consultant. Jen is also the author of Building Trauma-Sensitive Schools and Supporting Students and Staff After COVID-19. Her passion is helping others help kids.

Ira J. Chasoff, M.D. is an award-winning author, researcher and lecturer, is president of NTI Upstream and a Professor of Clinical Pediatrics at the University of Illinois College of Medicine in Chicago. He is one of the nation's leading researchers in the field of child development and the effects of environmental factors on the developmental trajectory of children and adolescents. Dr. Chasoff's work encompasses community approaches to the integration of behavioral health services into primary health care, the schools, and the other multiple systems that serve children and families. Dr. Chasoff has served several U.S. presidential administrations on committees and commissions dedicated to organizing and coordinating services for children and families across the nation and developing policies and procedures for addressing the needs of children at risk from prenatal and postnatal trauma. He also has worked with a wide range of States across the nation and internationally in developing universal outreach and early intervention programs for children and families affected by trauma or substance abuse.

Dr. Chasoff received his medical degree from the University of Texas Health Science Center at San Antonio, which in 1991 awarded him its first *Distinguished Alumnus Award*. He is the author of numerous research articles regarding the long-term cognitive, behavioral, and learning outcomes of high-risk children, and his article on racial and social class bias in the health care system has been cited as a landmark study by the American College of Obstetricians and Gynecologists. Dr. Chasoff has authored 15 books, which have received numerous awards and one of which has been recognized by The Hague International Court. Dr. Chasoff's books explore the biological and environmental factors that impact the ultimate development of high-risk children and presents practical strategies for helping children reach their full potential at home and in the classroom. His newest book, *Guided Growth*, has received international acclaim for its in-depth discussion of educational and behavioral interventions for children and teens with Fetal Alcohol Spectrum Disorders and early trauma. Dr. Chasoff has been a regular contributor to *Psychology Today*, writing about high-risk children and their families. The recipient of several awards for his work with women, children, and families, Dr. Chasoff for several years has been selected by a poll of physicians across the nation for listing in *America's Best Doctors*, cited for his ability to translate complex medical and psychosocial issues into relevant policy that guides the delivery of quality services. Dr. Chasoff has been active in establishing comprehensive family intervention programs for children in Australia, Denmark, Portugal, Canada, Vietnam, the former Soviet Union, and across the United States and has lectured on this topic around the world.

Conference Audience: Professionals who work with children and families including: physicians, nurses, social workers, mental health counselors, foster parents, early interventionists, psychologists, educators, business, human resource, medical, and juvenile justice professionals.

Conference Objectives: Upon completion of this conference participants will be able to:

- Describe and list the three organizing principles of the Polyvagal theory.
- Discuss the importance of the emphasis on the ANS, particularly the vagus nerve, in designing treatment.
- Identify steps to incorporating polyvagal principles into treatment to reduce distortions and support rapport.
- Connect PVT-informed interventions to commonly used modalities of treatment.
- Differentiate between applying polyvagal informed techniques to trauma from traditional talk therapy.
- Develop an expanded understanding of polyvagal theory.
- Develop an Awareness of intergenerational trauma and its impact on clients and self.
- Develop a realistic perspective that promotes compassion and curiosity.
- Identify, collect, and analyze REED contact points.
- Recognize the impact of racial trauma- direct and indirect.
- Recognize the importance of front-end diversion as an attempt to keep kids out of the most traumatizing part of the system-detention.
- Recognize how research and data can inform decision making and policy formation.
- Identify and define critical areas for organizational change.
- Recognize the important of collaborating with stakeholders and community partners.
- Utilize tools received to guide local efforts to establish a strategic plan through a racial equity assessment.
- Discover the four essentials of a trauma-sensitive learning environment.
- Explore causes of youth adversity, and identify how stress responses may impact students' health, behavior, and learning.
- Develop a trauma-sensitive mindset that will help you help others in proactive ways.
- Identify trauma-sensitive discipline techniques.
- Identify a next-step goal for either practicing trauma-sensitive discipline techniques or leading the way for change.
- Explore how taking good care of yourself through healthy boundaries can also help you take good care of others
- Describe the biological impact of prenatal trauma on the maternal and fetal neuroendocrine systems responsible for attachment.
- Discuss the impact of prenatal substance exposure on the young child's neurobehavioral functioning.
- Analyze the impact of prenatal substance exposure on the young child's ability to participate in a dyadic relationship with his or her mother.
- Describe the impact of prenatal alcohol exposure on the structure and function of the developing brain.
- Analyze the impact of prenatal alcohol exposure on early regulatory development in infants and toddlers.
- Discuss the implications of early childhood regulatory development on risk for involvement in the juvenile justice system.

REGISTRATION INFORMATION

CONFERENCE OPTIONS

Registration deadline: May 15, 2023

For more information or to register go online to:

<http://tinyurl.com/TIC2023hm>

**Registration for 2-day Conference: \$250 (student \$125)
(Cost covers tuition, materials, and refreshments)**

Limited registration scholarships are available. Please contact Nicole Byrd before April 24, 2023 for more information.

There is a \$25 discount per person for groups of 5 or more registering at the same time from the same agency. Please contact Nicole Byrd to register groups.

An electronic link to speaker handouts will be available by May 26, 2023. Conference book may not include all handouts.

FOR MORE INFORMATION CONTACT:

Nicole Byrd or Nancy Boggess

Orchard Place

515-244-2267

ticconference@orchardplace.org

SPACE IS LIMITED Please register early.
PAYMENT is required at time of registration.

NO REFUNDS will be given, however,
SUBSTITUTIONS are allowed.

PARKING is available at no cost.
PLAN to dress in layers for your comfort throughout the day.

DUPLICATE Attendance Certificates will not be issued. Please make sure you keep these in a safe place.