

Student Assistance Program



MOSAIC FAMILY Counseling Center Inc.

We are the Center of Excellence in Supporting the Healing of Life's Challenges

What is SAP?

The Student Assistance Program (SAP) is designed to be a FREE, CONFIDENTIAL, rapid response intervention for students and their families to help children and families have better success in school. Regardless of the difficulties, we are here to help! The Des Moines Public School System is partnering with MOSAIC FAMILY Counseling Center, Inc to deliver the services its students and their families need to help with current difficult behaviors and help families plan for successful outcomes for their children.

Who is Eligible?

Children

Parents

Families

Types of problems addressed:

Bullying

Feelings of Anxiety and Depression

Relational struggles and Family stress

Difficulty concentrating in class

Aggressive behaviors

Problems with Drugs and Alcohol

Grief and loss

Changes in behaviors at home or at school

Trauma and trauma responses

To access help or for more information

Call MOSAIC FAMILY Counseling Center, Inc. 515-724-8920 Monday through Friday, between 8am—5pm or email us at info@mosaicfamilyinc.com or go to our website at www.mosaicfamilyinc.com—Student Assistance Page

You can also ask for more information from your school counselor or administration

We will meet you where you are at! Access us at school, by phone or via telehealth
(a simple computer connection)

MOSAIC FAMILY Counseling Center Inc.

5005 Douglas Ave, Suite 101
Des Moines, IA 50310
515.724.8920 (p)
888.771.3225 (f)
info@mosaicfamilyinc.com
www.mosaicfamilyinc.com

Committed & Responsive,
Because We All Deserve to Be Happy
and Feel Capable in Life!



Mosaic Family Counseling Center Inc is now
offering medication management to
children and adolescents

Katie Dean MSN, ARNP, ACPNP-BC
Pediatric Nurse Practitioner

Katie graduated from Mercy College of Health Sciences in May 2007 with her ASN, then in May of 2009 she graduated with her BSN from Grand View University. Most recently in May of 2017, she earned her MSN for ARNP from Creighton University with a specializing in acute care pediatrics. Katie has worked in pediatrics for 10 years at a local hospital. Katie enjoys hiking with her family, traveling, and reading a good book. She also volunteers as a youth leader at her church. We are very excited for Katie to join our family of providers!

Katie serves children and adolescents up to the age of 21 at our main office located at

5005 Douglas Avenue
Suite 101
Des Moines, IA 50310

To schedule an appointment please call 515-724-8920

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